



MARCH 2011

NEWSLETTER # 9

1 Book Exchange



Below is listed the schedule for future book exchanges.

Cycle 3
March 11 April 1 April 21

Cycle 1
March 18 April 8 April 28

Cycle 2
March 25 April 14 May 6

2 WQSB Bus Safety Poster Contest

Winners are....



- Cycle 1 - Emma Gagnon
- Cycle 2 - Ryan Gilpin
- Cycle 3 - Nick Emmerson

Grand Prize

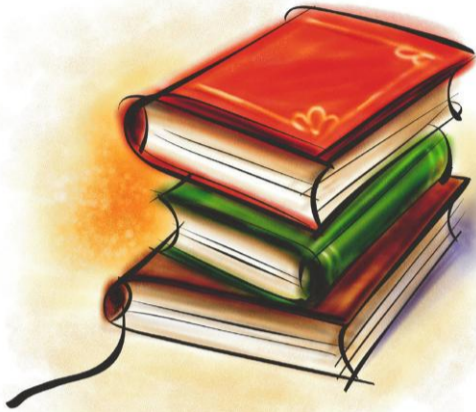
Ryan's poster was chosen to represent McDowell School in the 2011-2012 WQSB Calendar.

Congratulations!





3 Family Library Bingo



All students who participated in the bingo activity and got BINGO had the opportunity to enter their names in a draw for a \$10 Scholastic Gift Certificate.

Winners in the draw were:

- Kindergarten - Irelann Hodgins
- Cycle 1 - Evan Kluge
- Cycle 2 - Ryan Gilpin
- Cycle 3 - Virginia Landry

Kudos to all families who celebrated Literacy Day!

4 Can West Spelling Bee

Cycle 2.2, 3.1, and 3.2 students all participated in classroom spelling bees. The classroom winners went to the Finals held in the gym. Our top three spellers were:

- 3rd place - Connor Stevens
- 2nd place - Makayla Bruce
- 1st place - Kailee Witham

Well done!!!!!!!



5 Bed Mats for Haiti

I'd like to take the opportunity to thank McDowell Elementary School for their wonderful support of our "BED MATS FOR HAITI" project.

Your help in collecting MILK BAGS is greatly appreciated by our volunteers. Our Project would not have been as successful without your assistance. The volunteers have been busy, cutting up the bags and crocheting them into bed mats and medical tote bags. Our schedule is to wrap-up our program by Easter weekend, at which time the completed mats will be sent to the Mission Headquarters in Hamilton for furtherance to those in need in Haiti.

Cathy Mellon
On behalf of the "Friends from the Outaouais"
And The Church Council of Aylmer United Church

6 Paving Project

- Thank you to all family members who bought a CD/DVD of the Christmas Musical "Twas the Night Before Christmas". Proceeds from the sale went towards the Paving Project to a total of \$540.
- March Fundraiser – Challenge for Change
Later this month Staff and Students will be involved in a fundraiser we're calling "Challenge for Change". The money raised will go directly towards our "Paving Project". Start saving your change! Details to follow...



OUR GOAL \$25,000. TO DATE WE HAVE \$19,690.





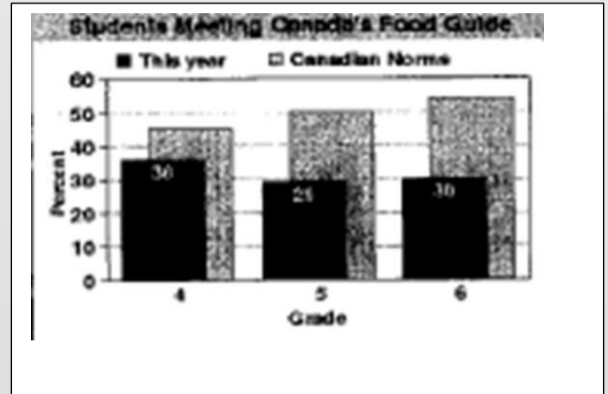
7 March - Nutrition Month

Below are the results of the Tell Them From Me Survey (Physical Health Outcome) that grade 4, 5 and 6 participated in.

Students Meeting Canada's Food Guide

The percentage of students that meet or nearly meet Canada's Food Guide.

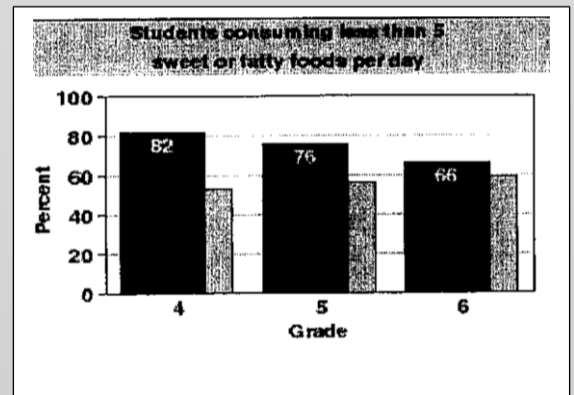
- 31% of students in this school met or nearly met Canada's Food Guide; the Canadian norm for these grades is 50%.
- 31% of the girls and 32 % of the boys in this school met or nearly met Canada's Food Guide. The Canadian norm for girls is 48% and for boys is 53%.



Students consuming less than 5 sweet or fatty foods per day

The percentage of students that consume less than 5 sweet or fatty foods per day.

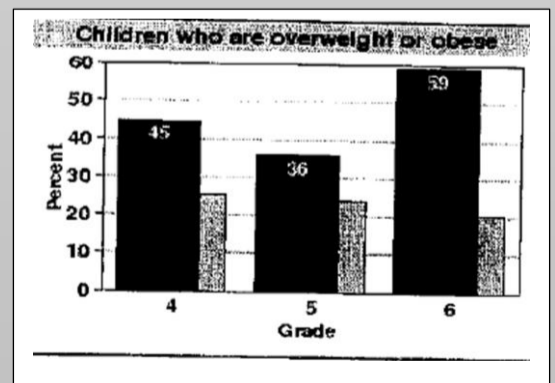
- 73.4% of students in this school consumed less than 5 sweet or fatty foods per day; the Canadian norm for these grades is 56.1%.
- 77.4% of the girls and 69.4% of the boys in this school consumed less than 5 sweet or fatty foods per day. The Canadian norm for girls is 61.6% and for boys is 50.7%



Children who are overweight or obese

The percentage of students who are overweight or obese.

- 48.2% of students in this school are overweight or obese; the Canadian norm for these grades is 23.2%.
- 48.2% of the girls and 48.3% of the boys in this school are overweight or obese. The Canadian norm for girls is 21.3% and for boys is 25.1%.



To reinforce the necessity of healthy eating habits the nutritionist from Bouffe Pontiac will be working with Cycle 2 and 3 on March 30th and 31st.





8 Celebrating a "Green" Attitude to Study

We do have something to celebrate!

In term 1, 85 students made the Green Wall and in term 2, 122 students earned greens in all subjects.

This represents 54% of the Cycle 1.1 – 3.2 school population.
(Here's hoping this number increases for the 3rd term).
Encourage your child to set a goal of earning a brick on the Green Wall.

9 Morning arrival at School

Staff on yard duty at 8:15.

Please do not send your child to school any sooner as there is no supervision.



IMPORTANT DATES TO REMEMBER

- April 14TH, 2011 - Ends of term 3 - Student Led Conference**
- April 15th, 2011 - PD Day – No School**
- April 22nd, 2011 - Easter Friday – No School**
- April 25th, 2011 - Easter Monday – No School**



Our School Vision

***To foster a safe and caring environment
in which each student develops as a life-long learner***

